

Social Competence

Social skills are the development of a child's self-help skills and interaction with others. Personal social skills help a child function independently and effectively at home, school and in the community. Examples of these skills at each stage of development are below:

3 Months-reaches out for familiar people and shows a desire to be picked up

6 Months-shows pleasure and interest at familiar words and familiar people

9 Months-cries for the attention of his/her needs, plays peek-a-boo

12 Months-waves goodbye, shows jealousy and emotions are unstable

18 Months-shows curiosity, imitates others, asks for food or drinks

2 to 3 Years-begins to play interactive games or role plays, tries to be independent

3 to 4 Years-less rebellious, has the ability to share and take turns, helps others freely without being reminded

4 to 5 Years-argues with parents when he/she wants something, want approval of adults

Activities you can do with your child to promote Social Competence Skills:

-Set up a play date with another child or children at home or at the park

-Play Simon Says and take turns selecting the actions



-Visit a senior in a lodge/care centre



-Make wrapping paper with painted handprints or footprints



-Complete mazes, dot-to-dots, tell what is wrong with a picture